

# Training Dummy



## Description

Material: PVC

Height options:

120cm/ 140cm /-

153cm/163cm - 173cm/183cm

colour: red, black, green

The training dummy shell is empty, which needs to be filled by the customer. We will give you the sewing rope. Generally filled sawdust, rags, sponges and intermediates can be individually filled with a small bag of sand onto the counterweight.

Used for defensive tactics, military, law enforcement, wrestling, fighting, fire training, etc.